Dialog Dojo Training Pyramid

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Dialog and Resolve LLC

Building from the bottom up.

Meditation (Truth focused visualization) and increasingly challenging practice sessions are key training techniques for all levels.

Performing Team

Your preferred Organization Development Model goes here. We use <u>Traction.</u>

Effective Meetings

Single Question Model Infused with Group and Individual Processes

Forgiveness

Speak the Truth in Love

Be quick to Listen, slow to speak and slow to anger

Do to others as you would have others do to you. Maintain positive Emotional Bank Accounts.

Love and respect yourself and others at the inception of your thoughts. Ground your identity to control Fight/Flight adrenaline responses.