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5 Levels of Goals/Interests (TRIPS) © 2025-09-09

Yellow Belt Question: What are the five Levels of Goals/ Interests?

Yellow Belt Succinct Answer:

Tangible, Relationship (Role), Identity, Process, Systemic Expectations.

Why These Principles Are Important:

- Naming goals/interests at all levels brings clarity and hope to my group.
- [Free Video 2, 3:08-3:22](#)
- [Muddling Along or Unity: Confessions of a Recovering Jerk, pp. 76 & 84](#)

Explanations of the Yellow Belt Succinct Answer:

- [Free Video 2, 0:37-9:55](#)
- [Muddling Along or Unity, pp. 15-25, 50, 74-76 84-86, & 102](#)

1. Tangibles - Can be measured/confirmed by one or more of the 5 senses

Who sets up chairs? Which restaurant? What is the best route? What should our website look like?

2. Relationship/Roles - what I expect a person to do given the role they are in or the relationship we have

3. Identity - the 3-5 word summary of who I tell myself I am or I am not

4. Process - the Disagreement/Conflict Process (5 basics from which to choose) I want to use to resolve the disagreement

5. Systemic Expectations – Two Types:

- all the groups I am a part of, how they expect me to think and behave
- the (un)written systems that we have put in place in which we have agreed to function. Systems contribute to challenges.

Tangibles - often just the tip of the iceberg!
Notice the four tangibles share the same RIPS.

Illustrations of the Principles:

- [Free Video 10, 6:12-6:53 \(Puzzle Pieces in Pockets\)](#)
- [Muddling Along or Unity, pp. 107-112 & 130-133 \(Family Vacation\)](#)