Dialog Dojo Training Pyramid dialogdojo.com



Performing Team Your preferred Organization Meditation (Truth **Development Model goes here.** focused visualization) We use Traction. Building from the bottom up. and increasingly challenging practice sessions are key training techniques **Effective Meetings** for all levels. **Single Question Model Infused with Group** and Individual Processes **Forgiveness** Speak the Truth in Love Be quick to Listen, slow to speak and slow to anger Do to others as you would have others do to you. Maintain positive Emotional Bank Accounts. Love and respect yourself and others at the inception of your thoughts.

Ground your identity to control Fight/Flight adrenaline responses.