



Dialog and Resolve LLC

Springfield, MO

417-879-4016

david@dialogandresolve.com

www.dialogdojo.com

Five Love Languages © 2022-07-31

Orange Belt Question: What are the five Love Languages?

Orange Belt Succinct Answer: Mnemonic - TAGS Time

Touch, Affirmation, Gifts, Service, Time

Why These Principles Are Important:

- I want high Emotional Bank Accounts with people and these are ways to make deposits.
- [Free Video 8, 8:32-9:22](#)
- [Muddling Along or Unity: Confessions of a Recovering Jerk, p. 57](#)

Explanations of the Orange Belt Succinct Answer:

- The basic theory from [Chapman's Love Languages](#) - Each person perceives/receives love (a.k.a. Emotional Bank Account Deposits) in different ways. If I am not making the deposit in the person's "language," then I am not making much of a deposit.
In a 2020 presentation Chapman talked about the reality that each person has their own "Dialect" for each Love Language. For example, David once facilitated an interesting dialog between people with the "Touch" language. Most of them agreed flippant touches were an Emotional Bank Account Withdrawal, and they had different preferences about what kinds of touches, and when, were Emotional Bank Account Deposits.
- Affirmation is similar to Dialog Dojo's "Encouragement."
- [Free 13-Minute Video Interview with Dr. Chapman](#)
- [Muddling Along or Unity: Confessions of a Recovering Jerk, pp. 58 & 62-63](#)

Illustrations of the Principles:

- [Muddling Along or Unity, pp. 57-58 \(Candy Bar Love\)](#)
- [Muddling Along or Unity, p. 62 \(Tornado Volunteers\)](#)